

# The San José Heartbeat

A quarterly newsletter from San José Clinic

WINTER 2019



## DONOR SPOTLIGHT

### Meet Mary Frances Fabrizio

Mary Frances Fabrizio's heart is fully immersed in serving Houston's most vulnerable and uninsured population. She is connected to the mission of San José Clinic in many ways. Mary Frances grew up in a family where money was tight and she remembers walking great distances with her mother to use public health. When she learned about San José Clinic as a provisional in her first year of service at The Charity Guild of Catholic Women, she could not do much because she was still working full time. When she retired, after working 32 years at the University of Texas Medical School, she approached the Clinic Director at San José Clinic and said, "I would like to give my time to the Clinic, tell me how I can help." At the time, she thought she would be filing medical records and answering phones. However, the Clinic Director asked her to serve as a board member.

For the past nine years, Mary Frances has served on the board of San José Clinic until her term ended in December 2018. During her tenure on the board, she served as board chair and chair of the human resources and philanthropy committees. She attended nearly every patient Christmas Party and Back to School Party and enjoys introducing her friends to Art with Heart. She says, "It has been a privilege to serve at a place I know is helping people who do not have access to these services anywhere else. The dedication of the volunteers and employees at San José Clinic is incredible. For almost 100 years, this organization has been run by volunteer medical providers. Some of them have been here for many years, which warms my heart. I am looking forward to seeing San José Clinic reach the 100 year mark in 2022. Part of our strategic plan leading up to our centennial is to begin an endowment for the Clinic, which is essential to ensure its future."

Mary Frances Fabrizio's servant heart is committed to San José Clinic's mission. We are grateful for her ongoing support and to all our generous donors which allow us to make a difference in our community.



## VOLUNTEER SPOTLIGHT

### Meet Mr. Louis Wu

Occupation: *Physician Assistant*

Volunteer since 2010

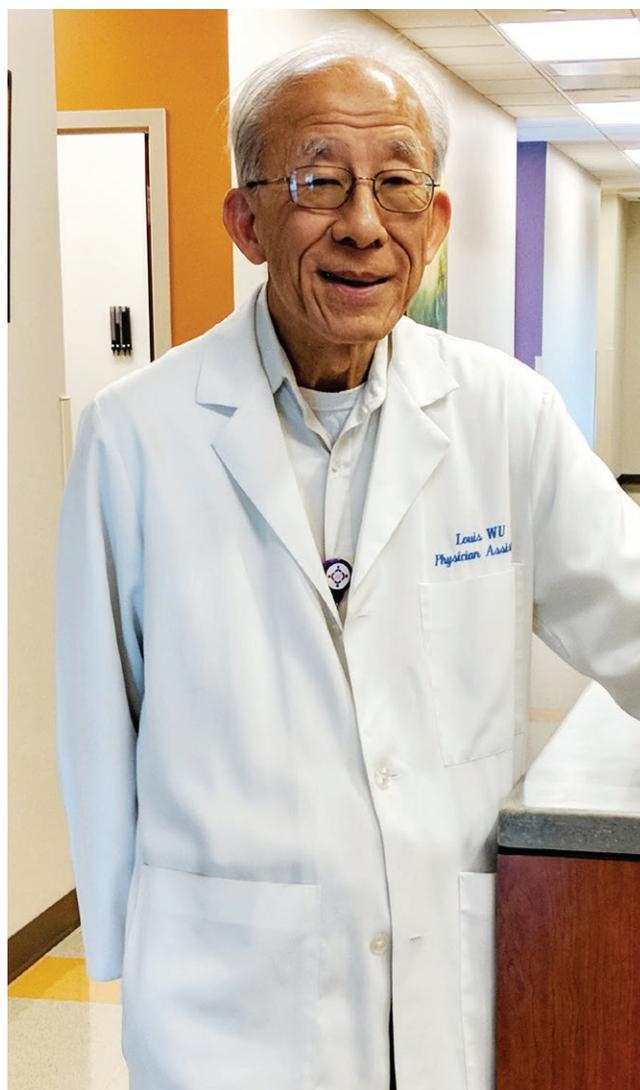
Volunteer of the Year, 2018

Fifteen years ago, Mr. Louis Wu visited San José Clinic to work as part of his monthly responsibility with the U.S. Army Reserves. After retiring from the Army Reserves and from the Michael E. DeBakey VA Medical Center, Mr. Wu began volunteering at San José Clinic every Friday morning. As a volunteer physician assistant, he helps to fulfill a need in Harris County to care for patients with common ailments and limited access to healthcare. In 2017, Mr. Wu responded to the needs of those living in Angleton and Rosenberg affected by Hurricane Harvey.

“When you volunteer, you obtain a great deal of personal satisfaction. After retirement, you have more opportunity and incentive to volunteer because you have more time. I looked at other places to volunteer and settled here because San José Clinic is so inviting, the staff is friendly, always eager to help and very supportive, which makes it enjoyable.”

Mr. Wu was born in China and immigrated to the U.S. in 1956 with his parents and sisters. He served in the U.S. Army Reserve for 23 years. He received his Physician Assistant training from UTMB Galveston.

Mr. Wu is San José Clinic’s 2018 Volunteer of the Year!



## WISH LIST

- 13 hand wrist blood pressure cuffs for the dental clinic
- 20 dental cavitron tips
- 17 large blood pressure cuffs for wall mounts
- 15 surgical scissors

***For dental department donations, contact:***

Amy Leiva Neira, Dental Practice Manager at (713) 490-2604 or [amyleivaneira@sanjoseclinic.org](mailto:amyleivaneira@sanjoseclinic.org).

***For medical department donations, contact:***

Jo Ann Burditt, Medical Services Director at (713) 490-2617 or [joannburditt@sanjoseclinic.org](mailto:joannburditt@sanjoseclinic.org).





## STAFF SPOTLIGHT

### Meet Duigne Galvez

Occupation: *Medical Assistant*

Good Samaritan of the Year, 2018

The Good Samaritan is an annual employee award based on nominations from the Clinic staff.

Duigne Galvez has been working at San José Clinic as a medical assistant since March 2017. She is committed to her work and has over 18 years of experience working in the medical field. Duigne believes God brought her to the Clinic to help care for people that struggle in life.

“Just being here and reassuring our patients that we will care for them no matter what their economic situation or status makes a great impact. Over the past two years, I have grown to love San José Clinic. I enjoy learning from the doctors and assisting with different specialties. The Clinic offers so much more than primary care and I hope more people learn about the specialties available here. “

Duigne was born in Costa Rica and moved to Houston with her mom and siblings when she was three years old to be near her grandparents after her dad passed away. She graduated from North Shore High School and received her medical assistant training from the National Institute of Technology in Houston. In 2016, Duigne moved back to Costa Rica with her husband and two children, but it was difficult for her children to adjust to living abroad so they decided to return to Houston.

When she's not at the Clinic, Duigne enjoys spending time with her family. She has a passion for participating in church activities and sharing her faith in God.



The American Student Dental Association (ASDA) at the UT Health School of Dentistry hosted its annual golf tournament benefitting San José Clinic on November 10, 2018 at Southwyck Golf Club. Students, alumni, faculty and sponsors participated in the tournament. Members of ASDA presented a \$3,500 donation to San José Clinic's dental manager Amy Leiva Neira to help purchase a dental compressor for our dental clinic.



## CLINIC EVENT SPOTLIGHT

### San José Clinic hosted its 80th Annual Patient Christmas Party

Community partners and volunteers spread joy to more than 270 children and their families at San José Clinic's 80th Annual Patient Christmas Party on December 8th. At this Christmas celebration each child was presented with a special gift from Santa seniors received a gift basket and parents were given a Fiesta Mart gift card to prepare a healthy holiday meal. Many children enjoyed having their faces painted and were entertained by balloon artists and a whimsical visit from Olaf and Anna.

"We love spreading joy and brightening the lives of our patients and their families by providing gifts for those in need, from infants to seniors." said Maureen Sanders, President and CEO of San José Clinic. "We are so grateful for the generous support of the Charity Guild of Catholic Women and Pierpont Communications,

along with many other generous community partners who host toy drives and volunteer their time to make this event a success every year."

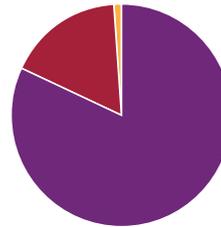
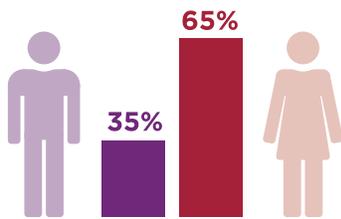
Donations and volunteers for the party were provided by the Charity Guild of Catholic Women, Pierpont Communications, McKinsey & Company, Cammarata Pediatric Dentistry, Daughters of Italian Heritage, the Hispanic Student Dental Association, St. Luke's United Methodist Church Woodshop, CHI - St. Luke's Health, the Saint Anne's Catholic Church Young Adult Group, and the community.

This Christmas Party is a wonderful example of the comprehensive care found at San José Clinic, which focuses on the larger lives of their patients and brings joy to their families.



In 2018, we served **3,762** patients resulting in a total of **30,548** patient visits.

### GENDER



### ETHNICITY

**82% Hispanic/Latino**  
**17% Non-Hispanic/Latino**  
**1% Unreported**

### PATIENT AGE



### TYPE OF VISIT

**Medical 8,691**

**Dental 6,756**

**Pharmacy 8,546**

In 2018, 24,803 prescriptions were dispensed.

**Ancillary 6,555**

Includes Diabetic Education, Laboratory Services, Physical Therapy, Radiology, Mental Health and Ultrasounds

### TOP 5 COUNTIES

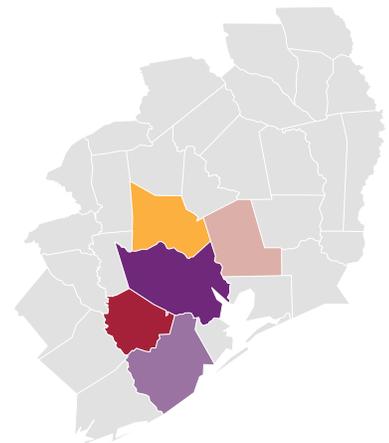
**80% Harris County**

**6% Fort Bend County**

**4% Montgomery County**

**3% Brazoria County**

**1% Liberty County**



Pierpont Communications hosted a toy drive at their annual Thanksgiving luncheon. These donated gifts brought joy to children at our patient Christmas party.



We are excited to announce the winner of our "Name the Newsletter" employee contest is Dorcas Ross! Congratulations, Dorcas, on submitting our new quarterly newsletter name - "The San José Heartbeat!"



Sandy Alvarez and Lizbeth Marquez attended the Vaccine for Children Provider Summit and accepted the Immunization Champion Award on behalf of the Clinic for achieving a 100% score on the 2017 Compliance Visit. This shows our compliance in following the policies and procedures set forth by the state in regards to vaccine storage, handling, and more. Congratulations to the Medical Department!

## PATIENT SPOTLIGHT

### Meet Valentina Quiroga

In 2014, Valentina Quiroga traveled to the United States to visit her parents, who had recently moved to Houston from Bolivia. During her visit, she obtained a high fever and was admitted to the hospital for two months. She was 28 years old and diagnosed with multiple sclerosis (MS), a disabling autoimmune disease of the brain and spinal cord, and encephalitis.

As a result of this disease, she lost her ability to walk and her life changed dramatically. She was unable to return home and to her job as a telecommunications human resource manager in Bolivia. She became depressed. She missed living independently, dancing, swimming, and her friends. She became completely dependent on her parents. Without work and insurance, her rehabilitation, medication, and physical therapy became extremely costly.

In 2017, she came to see Dr. Ericka Simpson, MD, a volunteer neurologist at San José Clinic, who recommended that she begin physical therapy. She began attending physical therapy twice a week and improved greatly. She had learned to live with her disability, work on the computer and was planning to return to Bolivia to work again.

In 2018, she had a relapse and returned to the hospital for three months. She lost control of her upper body movement and struggled with speaking.

In January of 2019, a Clinic supporter whose husband had recently passed away donated a Sara 3000 power standing lift device. Dr. Beverly Newman, PT, PHD, San José Clinic's volunteer physical therapist, contacted Valentina immediately. She had not been able to stand up for five years, and this device provides the support to stretch her muscles and spinal cord and strengthen the muscles in her feet. Valentina is grateful to this donor and to San José Clinic. 'Miraculously, this device came just in time.' She explains, "My father returned to Bolivia to begin working again to support our family. With my father gone, my mother carries the burden of being my primary caretaker. The Sara Lift alleviates some of our stress and enhances my life by improving my mobility, independence, and safety. San José Clinic is a blessing for the uninsured."





**SAN JOSÉ CLINIC** invites you to join us at

art   
with  
heart  
2019

**Thursday, May 2, 2019**

**6:00 p.m. Party and Auction**

**7:00 p.m. Presentation to Honorees**

**The Ballroom at Bayou Place  
500 Texas Avenue, Houston, TX 77002**

## **San José Clinic's 12th Annual Art with Heart Honors Volunteer Dental and Medical Providers**

San José Clinic invites you to join His Eminence Daniel Cardinal DiNardo, STL and Event Chair Madonna Barfoot for a night of fun and philanthropy at Art with Heart on May 2, 2019 at The Ballroom at Bayou Place in downtown Houston. At Art with Heart, we will present the Portrait of Compassion Award to James Lloyd, D.D.S. and Mary Neal, M.D. These individuals represent our volunteer dental and medical providers who give generously of their time and talent to fulfill our mission of providing quality, affordable healthcare to the uninsured and uninsurable in our community.

Art with Heart features a live and silent auction, artwork from talented local and renowned artists, jewelry, and unique experiences on the Big Board, and more. Please join us in your artsy chic attire for savory hors d'oeuvres and cocktails. Sponsorships range from \$600 - \$25,000. Tickets are \$175 each.

For sponsorship or ticket purchases, please visit [www.sanjoseclinic.org/artwithheart](http://www.sanjoseclinic.org/artwithheart) or contact Cristina Herrera at [cristinaherrera@sanjoseclinic.org](mailto:cristinaherrera@sanjoseclinic.org) or (713) 490-2620.

## WAYS TO GIVE

Your monetary and in-kind gifts help San José Clinic to continue to fulfill our mission to provide quality healthcare for the uninsured.

**Donate Online** at [sanjoseclinic.org/give](http://sanjoseclinic.org/give)

**Make a one-time gift**, become a sustaining giver, or give in honor or memory of someone special.

**Be tax-wise** by donating appreciated securities, such as stock or mutual funds.

**Make a matching gift** through your company match and amplify your gifts.

**Planned gifts** are a very thoughtful way to provide for the future needs of San José Clinic.

*For more information, please call (713) 490-2633.*

## VOLUNTEER

Our volunteers are part of our ministry and legacy that has been serving Houston for nearly a century. Through their generous donation of time and talent, volunteers make it possible for San José Clinic to fulfill its mission. Exceptional volunteer healthcare providers and community volunteers work together alongside Clinic staff to serve the uninsured of Houston.

In 2018, our dedicated 914 volunteers provided 34,204 hours of service at a value of \$953,173.

To become a volunteer, contact Estelle Luckenbach, Volunteer Administration Director, at (713) 228-9413 or [volunteer@sanjoseclinic.org](mailto:volunteer@sanjoseclinic.org).



### Our Mission:

To provide quality healthcare and education to those with limited access to such services in an environment which respects the dignity of each person.



Founded in 1922, San José Clinic is a 501 (c)(3) non-profit organization, a United Way Agency, a Texas Medical Center member institution, and a ministry of the Archdiocese of Galveston-Houston.

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