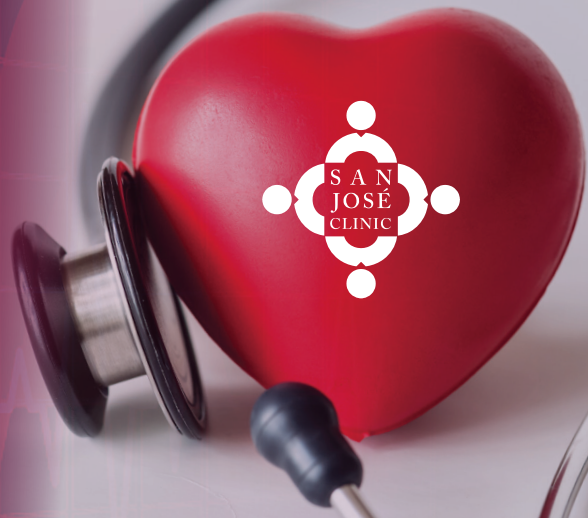


The San José Heartbeat

A quarterly newsletter from San José Clinic

FALL 2019



L to R: Emcee Lisa Malosky, Thomas Tighe, Nicole Lamoureux and Chris Palombo



Dan Parsley and Phil Morabito, Advisory Committee Chair

CLINIC EVENT SPOTLIGHT

9th Annual Fall Speaker Series

The San José Clinic Advisory Board held its ninth annual Fall Speaker Series luncheon, presented in partnership with title sponsor CHI St. Luke's Health, on October 22, 2019 at the Intercontinental Houston – Medical Center. Many of our employees were able to attend and an even greater number volunteered their time to help make this year's event a real success!

This year's panel speakers were Thomas Tighe, President & CEO-Direct Relief, and Chris Palombo, CEO-Dispensary of Hope. This distinguished group, moderated by Nicole Lamoureux, President and CEO of the National Association of Free and Charitable Clinics, lead a discussion on "Resiliency and Expansion- Hurricane Harvey's Continued Impact on the Uninsured". As always, proceeds from the Fall Speaker Series luncheon support the Clinic's mission of providing quality, affordable healthcare to the uninsured in our community.

As an additional event highlight, Memorial Hermann Health System was presented with our first "Groundbreaker Award" in recognition of their generous donation of the building that will house the San José Clinic Fort Bend satellite location in Rosenberg, slated to open in this year.

Thanks again to all who attended and volunteered!



L to R: Jo Ann Betancourt, Areli Mbaye, Lucia Salas, Destiny Estrada, Nieves McClellan



L to R: Lizbeth Marquez and Sandy Alvarez



San José Clinic at the Texas Hypertension Control Summit

The American Heart Association commends San José Clinic at the Texas Hypertension Control Summit on September 24, 2019, for its partnership with Target BP and the work that the clinic is doing to improve hypertension control rates. Pictured L to R is Medical Assistant Yarinda Baraja and Medical Director Dr. Diana Grair accepting the award from Dr. Eduardo Sánchez, Chief Medical Officer for the American Heart Association. Congratulations on the great work!

TARGET:BP™



The Blessing of San José Clinic – Fort Bend

A special Mass and Blessing, officiated by His Eminence Daniel Cardinal DiNardo, was held on Sunday, August 11th, 2019 at Our Lady of Guadalupe Church in Rosenberg to officially introduce San José Clinic's new Fort Bend satellite facility slated to open in the fall of 2019. A reception was held after the blessing ceremony where County Judge K.P. George issued a Proclamation declaring August 11th, 2019 as San José Clinic Day, in honor and in dedication of the Clinic, its history and legacy, which continues today providing quality health care and education to the uninsured in our community.

“To carry the mantle of this beloved and historic institution as it approaches its Centennial year is both exhilarating and humbling”, said San José Clinic President & CEO, Maureen Sanders. “We have been richly blessed by the many sponsors and supporters that have worked with us to make our Fort Bend clinic become a reality”, she added.

San José Clinic extends its heartfelt appreciation to Pastor Fr. Lee Flores and everyone at Our Lady of Guadalupe Church for facilitating the Mass, Blessing and reception.



Pictured L to R: Father Lee Flores, His Eminence Daniel Cardinal DiNardo, Judge K.P. George, Maureen Sanders

Houston ASDA Brings Smiles to the Dental Clinic

The American Student Dental Association at UTSD hosted its 7th Annual Houston ASDA Open Golf Tournament on September 21st, 2019 at Tour 18 Golf Course. Students, alumni, faculty and sponsors participated in the tournament with all proceeds benefitting the San Jose Clinic. Standing L to R at the check presentation are Nicholas Tipton, 2019 ASDA Open Vice President, SJC staff dentist Dr. Michael Wisnosky, 2019 ASDA Open President Christopher Orosco and SJC dental practice manager Amy Manrique. The proceeds will be used to purchase a Statim G4 5000 autoclave. Thank you Houston ASDA!



VOLUNTEER OF THE MONTH

Thank you to all of our wonderful volunteers that keep San José Clinic up and running. We couldn't do our job without your service and commitment to our mission. Here are the most recent winners:

July – Dr. Michael Hansen

August – Dr. Warren Bellows

September – Dr. Pollard

October – Ginger Vision

November – Glenda Kulkheimer, RPh





TEXAS QUITLINE

Please refer any patients who use tobacco to the **Texas Quitline**. Patients can enroll for this free service either by phone or online. They are assigned a tobacco quit coach and have access to a 24/7 service line. If eligible, the program offers self-help books, nicotine patches, gum, and lozenges. Community support groups are also offered. Spanish is available. 1-877-937-7024 or <http://www.yesquit.org/>



The San José Dental Clinic Receives Mars Wrigley Grant

San José Clinic's Amy Manrique, RDH, BSDH, attended last year's Texas Oral Health Care Conference in Austin, and she came back to the clinic with an idea.

"There was a presentation on the integration of pediatric and dental programs in other states, and I thought this would be a good idea to implement in our clinic. Whenever a medical pediatric physician volunteers at the clinic, the hygienist will also go to the medical department and see the patients," Manrique explained. "The goal is to capture the patients who have not been seen in dental yet and perform a visual examination, provide oral health instruction and apply fluoride varnish. We hope that after we educate the pediatric patients, they will become our dental patients and get the help they need. We are very blessed that we have medical and dental in one place."

The Mars Wrigley Foundation Healthier Smiles Grant Program provided the initial funding for the integration. "The grant allowed us kick off the program and purchase toothbrushes, toothpaste, floss, varnish, dental mirrors, toys for patients, fluoride rinse, disclosing tablets, gloves and masks," Manrique said. "So far, 33 patients who were seen in the pediatric department have now become dental patients."

"Our next step is to be able to continue offering these services to our population. Maybe one day in the near future, patients can actually have a dental exam performed by a dentist on the same day as their pediatric visit. I know, as a parent myself, that is hard to take off from work for children's appointments. But, as of now, they are getting education and guidance." Amy said she is proud to be able to educate the patients and the parents about their oral health. "Also, giving them the option of being seen here in our clinic if they would like," she added. "Most of these kids have never seen the dentist, or any oral health care provider."



The American Heart Association Recognizes San José Clinic!

The American Heart Association (AHA) would like to congratulate your organization for its ongoing commitment to lowering cholesterol and improving care management within your patient population. Your organization has earned recognition as part of the 2019 Check. Change. Control. Cholesterol™ Recognition Program! In attesting to use the ASCVD Risk Calculator, you've displayed your commitment to reducing the number of Americans at-risk for cardiovascular disease.



L to R: Karina Zurita, Carmelita Ramirez, Elsa Gonzalez-Frenger, Yadira Barajas, Lizbeth Marquez, Sandy Alvarez and Dr. Diana Grair.

CONGRATULATIONS TO OUR MEDICAL TEAM!

The San José Clinic medical department has been recognized as a Practice of Distinction for commitment to blood pressure control through the Target BP initiative. Kudos to our team for their exemplary level of patient care!

SAVE THE DATE

SAN JOSÉ CLINIC ANNUAL STAKEHOLDER'S MEETING

FEBRUARY 24, 2020 5-7 p.m.

Details coming soon

WAYS TO GIVE

Your monetary and in-kind gifts help San José Clinic continue to fulfill our mission to provide quality healthcare for the uninsured.

Donate Online at sanjoseclinic.org/give

Make a one-time gift, become a sustaining giver, or give in honor or memory of someone special.

Be tax-wise by donating appreciated securities, such as stock or mutual funds.

Make a matching gift through your company match and amplify your gifts.

Planned gifts are a very thoughtful way to provide for the future needs of San José Clinic.

For more information, please call (713) 490-2633.

VOLUNTEER

Our volunteers are part of our ministry and legacy that has been serving Houston for nearly a century. Through their generous donation of time and talent, volunteers make it possible for San José Clinic to fulfill its mission. Exceptional volunteer healthcare providers and community volunteers work together alongside Clinic staff to serve the uninsured of Houston.

In 2018, our dedicated 914 volunteers provided 34,204 hours of service at a value of \$953,173.

To become a volunteer, contact our Volunteer Services department at volunteer@sanjoseclinic.org



Our Mission:

To provide quality healthcare and education to those with limited access to such services in an environment which respects the dignity of each person.



Founded in 1922, San José Clinic is a 501 (c)(3) non-profit organization, a United Way Agency, a Texas Medical Center member institution, and a ministry of the Archdiocese of Galveston-Houston.

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